

**Building A Healthy Start (Birth to Three)** 



For parents/caregivers with children from birth to three years old.

**Children Come Without Instructions** 

For parents/caregivers with children

ages 4-11 years old.

**Teens Come Without Instructions** 

For parents/caregivers of teens 12 and up

Location: ZOOM

Dates: 1/20/26 to 2/24/26

Day/Time: Tuesdays, 6:00 pm

to 8:00 pm

**Location: ZOOM** 

Dates: 1/13/26 to 2/17/26

Day/Time: Tuesdays, 6:00 pm

to 8:00 pm

**Location: Woodlawn Library** 

2020 W. 9th St.

Wilmington, DE 19805

**Dates:** 1/27/26 to 3/3/26

Day/Time: Tuesdays, 6:00 pm

to 8:00 pm

**Location: Newark Senior** 

Center

200 White Chapel Dr. Newark, DE 19713

**Dates:** 1/8/26 to 2/26/26

Day/Time: Thursdays, 6:00 pm

to 8:00 pm

All classes are FREE and open to everyone.

For more information or to register, contact Laurie Sammons: (302) 762-8989 (main #) or (302) 254-5522 (direct #)

These classes' Certificate of Completion satisfies the parenting class requirement for:



Division of Social Service (TANF) Division of Family Services



